



# information for patients

## Semen Analysis

You have been requested to provide a semen sample to be examined at the Microbiology Laboratory. The following instructions should be strictly observed for accurate results.

1. An appointment should have been made for you by your GP or the Fertility Clinic. You may contact the laboratory to make or change an appointment on 01246 512270.

**Please note:** if a sample is brought in without an appointment, it will not be examined. If you are unable to attend for your appointment, please contact the laboratory to change the date, so that another patient can use the appointment slot. Semen samples are only analysed on Tuesdays and Wednesdays.



2. Please avoid having sex or masturbation for three days prior to your appointment.
3. Produce the sample of semen only by masturbation into the sterile container provided by your doctor or the hospital. Do not open the container beforehand and do not use condoms to collect the semen as they contain chemicals which will kill the sperm. It is essential to collect all the semen produced, especially the initial drops.

4. The sample may be produced at home and brought, with the request form, to the Pathology Department Reception, between 8:30 and 9:30 am and within 60 minutes of producing it. Hand it in directly to the Receptionist. Please enter the date and time when the sample was collected on the request form.
5. Please note that there are no facilities provided at the hospital for producing the sample on site, apart from the male toilets.
6. In cold weather, the container should be kept warm in an inside pocket close to your body, on the way to the lab.
7. If the test results are abnormal, you will be asked to provide another sample. Please follow the same instructions as above.
8. If you have any problems with these arrangements, please discuss with the laboratory technicians on the above telephone number, or contact one of the gynaecology nurse specialists, on 01246 512448.

**Please note:**

All samples **must** be labelled with **surname, forename and date of birth**. A 4th identifier can be either postcode or NHS number. Without this information samples will be rejected.



Chesterfield Royal Hospital **NHS**  
NHS Foundation Trust

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